Guidelines in Options Process:

- 1. You need to have a total of **thirty periods** in your subject choices. (Advanced Higher and Higher courses have six periods each, and National 3, 4 and 5 courses have five periods each.)
- 2. If you are choosing a mixture of National 3, 4 and 5 courses you must choose one subject from each of the six columns.
- 3. If you are choosing any National 3, 4 or 5 courses in combination with Advanced Higher and Higher courses you can only choose from the first five columns.

Skills for Learning, Life and Work Courses:

If you are taking a mixture of Advanced Higher, Higher and National 3, 4 or 5 courses you will be provided with additional Skills for Learning, Life and Work course(s)*, therefore if you have chosen a combination of courses as described above, please circle the column(s) from which you have chosen the Nationals.

1 2 3 4 5 6

Recommendations:

The recommendations given by teachers are to help guide students to the courses and levels in which they are most likely to succeed. You must choose subjects at the recommended level.

All S4 students require a recommendation for each and every subject in the Senior Phase.

Entry Requirements:

All students need to meet Entry Requirements for each course.

Advanced Higher Courses - To gain entry to all Advanced Higher courses you will need an A or B pass at Higher.

Higher Courses - To gain entry to Higher courses you will need a Credit 1/2 pass or an Intermediate 2, A or B pass.

National 5 Courses - To gain entry to a National 5 course you will need an Intermediate 1, A or B pass, or a General level at Standard Grade, preferably a General 3, or CfE Level 4 consolidating or secure.

National 4 or 3 Courses - To gain entry to a National 4 you will need to be secure at CfE level 3 or developing at CfE Level 4 and to gain entry to a National 3 you will need to be developing or consolidating at CfE level 3.

If you wish to choose a subject which you have not recently sat you need to reach an agreement with the Principal Teacher, your Guidance Teacher and Mr Steele. Indicate this choice by placing an asterisk against the subjects and asking the Principal Teacher to sign in the box underneath the appropriate column.

Future Plans - We are interested in helping you plan for the future so please answer the following by ticking the options as appropriate -						
Do you plan to stay on after	r S4? Yes □	No 🗌				
After you leave school, do y University □	you wish to go to - College 🏻	Work				
If you know already what your chosen career is then please tell us:						

^{*} Please see attached sheet for the categories of Skills for Learning, Life and Work Courses.

Signature of Parent Signature of Pupil	
Date received by Personal Guidance Teacher	
All forms must be returned to Personal Guidance Teacher by Friday 11 th January. Any form which arrives late will endanger the student's chances of being accepted in any oversubscribed class.	

Additional Information

Skills for Learning, Life and Work:

Categories	Possible Courses	Number of Periods
	SQA Leadership Award	
Student A - 4 Highers, 1 Nat 4/5	SQA Personal Development Award	1
	SQA Leadership Award	
Student B - 3 Highers, 2 Nat 4/5	SQA Personal Development Award	
	Survival Cookery	2
	Literacy	
	Numeracy	
	SQA Personal Development Award	
Student C - 2 Highers, 3 Nat 4/5	Asdan	3
-	Steps to Work	
	Asdan	
Student D - 1 Higher, 4 Nat 4/5	Steps to Work	
	Sports Studies	2/2
	SQA Personal Development Award	
	Literacy	
	Numeracy	
	SQA Leadership Award	

Core:

3 Period Core for S4 and S5 students: 1 Soc. Ed; 2 Core PE.

3 Period Core for S6 students: 1 Soc Ed; 1 Committees; 1 Volunteering (MV Awards).